Fall 2018



## Message from the President

Hello everyone,

I hope the school year is off to a good start. This transition often causes a great deal of stress on many families. The kids are experiencing new teachers, classmates and classroom environments, while the parents are experiencing new IEP teams and law changes that are often hard to understand.

In an effort to help our families better understand the IEP process and language within that IEP, ASFV is hosting a Parent/Educator Workshop presented on January 21st by Katie Berg, CESA 1. Presentation information is inside.

ASFV continues to grow in membership!!! We have many events planned to bring our community together. We are visiting the Meuer Farm corn maze on October 14th. There are social outings scheduled for all age groups, and continued support at our monthly parent support group meetings. ASFV is also holding an exclusive event at Barlow Planetarium. Some of the events have very specific information within their description. Please read carefully.

Once again the joint efforts of ASFV and the Xavier Hawks football team and boosters created a fantastic day for 68 kids and their families.

Thank you to all who volunteered and/or supported ASFV at our Octoberfest booth. We tried something different this year to increase our ability to connect with more families and had a great time. We concentrated our efforts to share information about our group, resources and events. It was a wonderful day.

Have a fantastic fall,
Diane Nackers
President of the Autism Society of the Fox Valley



#### Keeping contact information up to date

As always, please keep your email contact current.

Check out our new website: autismfoxvalley.org

General information questions: info@autismfoxvalley.org

All social outings: asfvevents@autismfoxvalley.org

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### Parent/Educator Workshop—January 21, 2019



# The Autism Society of the Fox Valley Presents: Katie Berg, CESA 1

## "Autism and the IEP"

Katie Berg is the ES3 State Coordinator/Trainer for the state of WI and has been educating students for the past 18 years. She began her career in the private sector at an applied behavioral analysis (ABA) company working with children on the autism spectrum. Soon afterwards, Katie earned her master's in special education and began teaching in the public sector. As a special educator Katie supported students across a continuum of servicing models including as a self-contained teacher, resource service provider, and inclusive practitioner. Through this experience, she was able to expand her reach to students with a variety of special education needs, piquing her interest in understanding behavior output and how to best support varying individual needs. In 2012, Katie became a district wide support for students on the autism spectrum. Katie's role expanded to provide district training on topics including IEP's, challenging behavior and other neurological barriers to learning. She has created engaging adult classroom experiences in trainings, conferences and summits across the state and is excited to have the opportunity to share her knowledge and experience through the State Coordinator position.

#### <u>Important issues to be discussed:</u>

- DPI Autism Criteria through the CCR-IEP lens
- Using the criteria to discuss Disability Related needs
- Supports for students learning new skills within those criteria areas
- Brainstorm the most common areas of struggle for students on the spectrum

Date: January 21st, 2019

RSVP by <u>January 10th</u> to ensure enough handouts and materials are available for each participant <u>asfvevents@autismfoxvalley.org</u>

Time: 6:30-8 pm

Cost: FREE

**Location: Miron Construction Main Office** 

1471 McMahon Road, Neenah, WI 54956



#### **ASFV October Family Outing Planned**

## Family Outing at Meuer Farm - October 14th

WHAT: Combined outings for ALL of our social groups including all family members.

Check in at the ticket booth for your wristbands by an ASFV board member.

WHEN: Sunday, October 14th

CHECK IN TIME: 11-1 pm Stay as long as your family would like.

RSVP IS A MUST by Friday, October 12<sup>th</sup> – No exceptions will be made. Email the number of children and adults to asfvevents@autismfoxvalley.org

WHERE: Meuer Farm, N2564 US Hwy. 151, Chilton, WI 53014

FOOD available or bring your own: The Jumping Cow Café is in a sheltered, clean, covered area: burgers, hot dogs, brats, pulled pork sandwiches, pizza, soda, juice, water, chips, caramel apples and many more items available. Prices range from .50 for chips to \$7.00 for a whole pizza.

WEBSITE: Please visit their website to see all they have to offer - www.meuerfarm.com PHONE HOTLINE: (920) 418-4777 for updates on weather-related maze conditions. The maze can sometimes be muddy if there has been recent rain so dress accordingly!

This is our 4th year visiting this farm. The Activity Area is great for kids of all ages with an 80-foot tube slide. Daytime activities include: corn maze, hayride, kids activity area, pumpkin checkers, straw fort, and lawn mazes. The corn cannons and pumpkins priced separately (on your own – not ASFV).

COST: FREE but registration is required by Friday, Oct. 12<sup>th</sup>!!!



If it is raining – the event will be canceled.

#### Monkey Joe's Play Dates

Come enjoy a fun outing at Monkey Joe's during the school year. They open exclusively for families with a child on the spectrum the first Saturday of each month.

For those new to ASFV, we reserve Monkey Joe's, an indoor inflatable play-ground, once a month

starting at 9am. An ASFV board member will be there to greet you, answer ASFV questions or take new memberships.

This time is exclusive to ASFV and our families, until they open the doors to the public at 9am. Members are free! Non-members pay \$5 per family. No RSVP necessary.

Monkey Joe's

1800 N Casaloma Dr, Appleton, WI 54913

Questions? Email: asfvevents@autismfoxvallev.org

October 6th November 3rd December 1st January 5th

February 2nd March 2nd April 6th May 4th June 1st

Thank you Monkey Joe's for this wonderful opportunity:)

### Hangin' Out-7-12 year old Social Group

The Hangin' Out Social Group is designed for kids who are 7-12 who would like to participate in social outings with same age peers. Extreme Air, Pizza Ranch, and bowling are just a few of the activities we have done. If your child is 7-12 years old and would like to participate in our monthly outings, email ASFV at asfvevents@autismfoxvalley.org to be placed on the email list for these events.

#### Upcoming Events:

- October 14th—Meuer Corn Maze
- November 10th: Movie/snack at Toms—details to come when the movie schedule is updated
- December 15th Barlow Planetarium

#### Teen Group Outings

Teen group continues to be very popular. If you have a teen 13-20 who would like to meet new people, socialize, and have fun, email Diane Nackers at asfvevents@autismfoxvalley.org to be added to the email list. We have several fun events planned for the next few months.

- October 14th—Meuer Corn Maze
- November 10th: Movie/dinner at Tom's—details to come when the movie schedule is updated
- December 15th Barlow Planetarium
- December 22nd—Annual Christmas party at Diane's house—8042 Sequaro Ct Neenah 1-3pm

#### Parent Support Group

Do you need to talk, or just need a break? Please join us the first Sunday of each month, from 6:00-8:00 pm for ASFV's monthly Parent Support Group meeting.

Where: 211 E Franklin St. in downtown Appleton (just two blocks west of City Park) in the building that houses Soar Fox Cites Inc. The doors will be locked, but there is a doorbell and someone will let you in. Refreshments will be provided.

Parents and other caregivers have the opportunity to get together in a relaxed, informal atmosphere to talk about everything from your personal experiences to available resources and general education about autism. We hope to see many of you there! For more information: info@autismfoxvalley.org



## Spectrum Saturday at the Building for Kids

The Building for Kids Children's Museum in Appleton opens its doors the 3rd Saturday for children with autism and their families. Guests are invited to explore the museum's exhibits and connect with other families. This event is free of charge for all families who arrive between 9 and 10am.

For more information please call The Building for Kids Children's Museum at (920) 734-3226.

100 W. College Ave. Appleton, WI www.buildingforkids.org

NEW!! Special programming each month.

- October 20 Coding with Make I.T. SOAR
- November 17 Making Music
- December 8 Colors of Me glass project with Bergstrom-Mahler Museum of Glass

#### Young Adult Social Network

This social opportunity is designed for adults on the autism spectrum who like to participate in social activities, and are interested in getting to know others.

An ASFV Board member organizes the events and is present to facilitate socialization for those who attend. Our expectation is for all adults with ASD be a member of the Autism Society of the Fox Valley (ASFV). All A-Team members should have the ability to independently participate in social events in the community. We engage in varied activities and events that are communicated to individuals via email. Please contact Diane Nackers at asfvevents@autismfoxvalley.org.

Upcoming Events: October 14th Meuer Corn Maze—check in 11-1 pm...stay as long as you like

November 9th Dinner out in Appleton

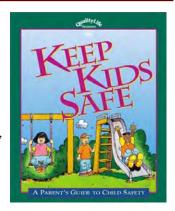
December 22nd—Xmas at Diane's house

## **ASFV Safety Scholarship**

The Autism Society of the Fox Valley offers three (3) safety scholarships annually—up to \$250 each. Families who need assistance purchasing locks, alarms, fence gates, or anything to help ensure safety measures can be taken for your child, can apply.

Just send a short letter explaining what your needs are and the expense you expect to incur. The ASFV board will vote on your request at the next board meeting. You will then be notified via email. If your scholarship is approved, provide a receipt and you will be reimbursed for up to \$250. You must be a member of the Autism Society of the Fox Valley to be considered.

Send the email to: info@autismfoxvalley.org and in the subject line write "ASFV Safety Scholarship".



#### United Way Giving made easy to support ASFV

The United Way has kicked off their annual fund raising campaign. Did you know that you can allocate your donation to the Autism Society of the Fox Valley? Simply click the "write in" button and type in our organization's name in the designation area of your pledge form and United Way will take care of sending your donation to ASFV.

ALL donations go to support our programs and social outings for kids and families who are touched by autism. ASFV is a 501(c)(3) run by an amazing all volunteer board.



#### **ASFV Mission Statement**

The Autism Society of the Fox Valley, Inc. was established in 1989. We are a 501(c)(3) non-profit organization serving the counties of Calumet, Fond du Lac, Outagamie, Waupaca and Winnebago. Our mission is to provide information and referral, advocacy, public awareness, education and support for individuals, families, professionals and others who support people with autism.



## ASFV/Xavier Hawks Day Camp for Kids with Autism

The 13th Annual football camp was a huge success. We enjoyed sharing the day with 68 kids, their siblings and families as they got to practice their football moves with the wonderful Xavier Hawks football team. Thank you to all of the Xavier boosters who provided a picnic lunch for the families!! Please visit the link to see more of the photos from this terrific day!!

https://www.facebook.com/CampForKidsWithAutism













### ASW Mental Health Conference—November 29, 2018

## Beyond Behaviors: Understanding and Supporting the Mental Health Needs of Autistic Individuals

## Sentry World

#### Stevens Point, Wisconsin

Presented by Sharon Hammer, Lisa Hoeme, and Ellen Eggen.

Mental health concerns are common for individuals on the autism spectrum, yet their struggles in this area often go overlooked and untreated. In this training, we will explore what individuals with autism share about their experiences and the impact living with autism has on their mental health. We will explore the myths and realities of autism and mental health, with a focus on building understanding around the complexities of how these two areas intersect for individuals. This training will provide specific resources for mental health professionals and others looking to learn more about the complexity of helping a person manage multiple conditions, particularly for those on the autism spectrum. This training is suitable for mental health professionals, teachers, parents and others interested in learning how to better support and treat mental health concerns for autistic people.

#### **Workshop Learning Objectives:**

- Increased awareness of symptom presentation of common mental health concerns that co-occur with autism and how they may present differently for an autistic individual
- Identify contributing factors to anxiety and depression in individuals with autism
- Develop skills to individualize treatment strategies to match the individual and their neurology
- Increase knowledge of effective treatment options and evaluating effectiveness
- Develop an understanding of how to adjust treatment strategies when working with non-verbal or less verbal individuals

#### **Registration Information:**

General registration is open until November 19th. For more information: www.asw4autism.org

#### https://76148.blackbaudhosting.com/76148/Beyond-Behaviors

- \$100 for an Autism Society member
- \$125 for a non-member
- \$50 for a person with ASD

### Kiwanis Club Flapjack Fundraiser for iPads

The <u>Appleton Fox Cities Kiwanis Club</u> Golden K is hosting a Flapjack Fundraiser for its "iPads for Autism" program! The breakfast will be held at Applebee's, 3730 W College Ave, Appleton on Sat & Sun, October 13 & 14, from 8-11:00am. Applebee's is supporting this program by opening early these two mornings and providing food at cost, including pancakes, sausage, applesauce, donuts, coffee & other drinks!

Kiwanis is offering a DISCOUNTED RATE TO FAMI-LIES WITH AUTISM! Regular price tickets are \$7 per person, but Kiwanis is graciously giving a two-for-one offer to our families, including for EVERYONE YOU BRING ALONG whether they are family or just friends! To reserve these tickets, please RSVP to program chairperson Don Smith at 920-939-3288. Don will then email you the tickets, and will collect payment at Applebee's when you arrive.

To date, the Kiwanis iPads for Autism program has already gifted 34 iPads and they would LOVE to bump this number up through this fundraiser!

Visit <u>www.kiwanisautismproject.com</u> or <u>www.facebook.com/KiwanisAutismProject</u> to learn more about this wonderful program, and contact Don today to help support them!

#### WI Family Engagement Newsletter

#### **Newsletter contents:**

- Family Engagement Article: Family-focused Tutorial from the National Center on Improving Literacy
- Research to Read: "Interventions for Adolescent Struggling Readers-A Meta-Analysis with Implications for Practice"
- Online resources for youth and families in the area of Learning Disabilities
- For Your Information (formerly Instructional trends): Wisconsin Council on Special Education
- Information about upcoming statewide trainings, workshops and conferences
- Home-based Interventions for reading and math

Contact Information:

Wendy Overturf, Ed. D.

Intensive Support Specialist

WI FACETS

www.wifacets.org



A FUNDRAISER BENEFITING AUTISM SOCIETY, BRIDGE THE GAP, COVEY

# Uniquely Boo

ITS A HALLOWEEN DANCE ON ...

October, 26th, 2018 6-9 PM

(a)

Webster Stanley Middle School 915 Hazel St, Oshkosh, WI 54901

\$5 ADMISSION PER PERSON



GAMES, FOOD, ETC. AVAILABLE AT ADDITIONAL COSTS



\*INCLUDES 1 SLICE OF PIZZA AND A DRINK -OR- A HOTDOG, CHIPS AND A DRINK



Join us in the fun with games, a costume contest, face painting and food!

This is a family event: if you are under the age of 16.

you need to be accompanied by an adult!

#### ASFV Holiday Laser Show & Pizza Family Outing—December 15th



**Please** read ALL of the info below, from start to finish, for important details on this outing. RSVP by Dec. 12 is required, and please note this is a first-come, first-served event due to limited seating.

WHAT: Holiday Laser Show & Pizza Family Outing at Barlow Planetarium. An exciting and different way to be festive during the holiday season! Laser Holidays is a fun experience for everyone and gives new meaning to the term "holiday lights" – holiday LASER lights! This is a members-only event. If you are not yet an Autism Society member, please see info at the end!

WHERE: Barlow Planetarium, 1478 Midway Rd, Menasha

WHEN: Saturday, December 15

**TIME:** 11:15am Little Caesar's pizza lunch, laser show to follow at Noon. The show lasts around 45 minutes.

**COST:** Just \$5 per family. ASFV will pick up the rest of the food and ticket costs!

RSVP IS A MUST by Wed, December 12.

To register, visit <a href="https://goo.gl/forms/AYZCSD1rSINDq7PL2">https://goo.gl/forms/AYZCSD1rSINDq7PL2</a>

This Facebook event is not to be considered an RSVP. The event is first-come, first-served, with a room capacity of 100. A waiting list will be generated for a future laser show if there is enough interest.

**IMPORTANT NOTES:** For safety reasons, once you leave the show, you may not re-enter -- this is Barlow policy. This show has a lot of musical and visual stimulation, which may be considerations for some families before registering. We are also unable to accommodate late arrivals — the show begins promptly at noon.

If you register and later find out you are unable to attend, please let us know so we can invite someone from our potential waiting list! We would love to accommodate everyone we can and keep the no-shows to a minimum if at all possible. Thank you!

## Autism After Age 21

http://www.easterseals.com/explore-resources/living-with-autism/autism-after-age-21.html

What happens when my child is no longer in school?

Where will he live when he no longer wants to live with me?

What is going to happen to my child when I'm no longer around, or able to care for him?

These are just a few questions that Easterseals hears from concerned parents of kids with autism. Most children with autism are eligible to receive special education services through the school system until age 21. As the nation's largest provider of services and support for children and adults living with autism and their families, Easterseals is highlighting its services for children with autism who grow up and "age out" of the school system.

Easterseals offers services to support adults with autism as they navigate through the barriers they are likely to encounter in their day-to-day lives. These may include help finding a job, day programs, residential support to live on their own, community and recreation activities, and financial planning. Additionally, Easterseals works with families to identify other services in the community. It's all to help young adults with autism thrive in their communities.

#### Finding a Job

Finding a job is a critical first step toward self-determination and financial independence for adults with autism. Easterseals professionals help people with autism assess their skills, identify employment goals and provide training to meet personal goals. Easterseals also works with businesses to provide resources for employers to support workforce development.

#### Day Programs for Young Adults Who Remain at Home

Easterseals adult day services offer socialization and recreation opportunities for individuals with autism living in the community. While people with autism participating in day programs might need some supervision, they need only minimal assistance with activities of daily living.

#### **Moving Away from Home**

Adults with autism have many choices when it comes to living away from home. The primary goal of Easterseals' residential services is to assist people with autism to stay in the community in a living arrangement of their choice. Options can include:

Independent Living. Involves living in their own apartment or house with little, if any, support. Services may be limited to complex problem-solving, money management, or budgeting.

Supported Living. Provides individuals with autism a bit more support, involving a support worker assisting the individual with certain areas of self-care or social planning. Individuals typically have their own apartments, but may share living space or live in the same building as others with similar needs.

Supervised Group Living. Group homes are facilities that provide support for several individuals with disabilities. Group homes are usually located in residential areas and have the physical appearance of the average family home. Professional staff assist the residents with daily living and social activities based on individual needs. In some cases, group homes will specialize in providing services to people with autism. Here, the staff are more likely to be trained to better meet the unique needs associated with autism.

Adult Foster Care. In adult foster care, individuals live in a home with a family. Adult foster care is intended to be as permanent as possible. Families usually receive financial assistance from the government to support individuals with autism in their home. They are not necessarily trained or expected to teach independent living skills.

In-home Services. Many adults with autism live at home or with a friend or family member. When additional support is needed, in-home services may include a companion, homemaking/housekeeping, therapy and health services or personal care.

Respite Care. Some individuals with autism remain in their parents' home far into their adult years. Sometimes families receive respite care where a professional comes to the home and provides support services to allow the parents to partake in their own personal, recreational or social activities.

#### **Community and Recreation Activities**

Adults with autism can be active participants in all areas of community life including social and recreational activities. Easterseals programs may include weekends away, evenings out and other opportunities to participate in recreational activities throughout the year. With more than 100 camping, recreation and respite programs, Easterseals offers thousands of individuals with autism the chance to develop lasting friendships and learn what they can do, regardless of their age. Participants enjoy adventures and conquer new physical challenges, and some camps also offer sessions exclusively for campers living with autism.

#### **Outliving Ones Parents**

Easterseals partners with health and human service organizations as well as public and private insurers to provide life-changing services and support for children and adults living with autism and other disabilities and special needs and for their families.



#### Easter Seals Disability Help Line of Outagamie County, Appleton

2331 E. Lourdes Dr. Appleton, WI 54914

Phone: (920)832-0344 Fax: (920)832-0364

Primary Contact: Jill Gretzinger

CEO: Christine Fessler



#### **PROGRAMS & SERVICES**

FARM Program Camp Wawbeek

Wisconsin Elks/Easter Seals Respite Camp Camp Kee-B-Waw Day Camp

<u>Camp Group Rentals</u> <u>Self-Employment Services</u>

Avenues to Understanding Donation Center/Pick-Up Service

Community Services Disability HelpLine of Outagamie County



# **Autism Society of Wisconsin Membership Application Form**

Date:					
Name:					
Street Addre	ess:				
City, State, 2	-				
Email:					)
Chapter join	ing				
			gamie, Winnebago, C cally a member of ASV		Lac, and Waupaca Counties.
Membership	Categorie	es (select o	ne): Individual	\$12.00 Fa	amily \$15.00
(Select one)	New	Rene	ewal		
Bill My	Master Ca	ırd/VISA Ca	ard#		Exp Date
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Additional c	ontribution	tax deduc	ctible) for the work o	of ASW for indiv	iduals with autism:
\$25	\$50	\$100	\$ Other		
Please send	your com	oleted mem	nbership form and m	nail to:	
ASW					
1477 Kenwo	od Drive				
Menasha, W	1 54952				
quarterly su year. Check	bscription your maili	to the ASW ng label on	<i>I</i> newsletter, "Conn	ecting Wisconsi membership in	voting privileges, and a in". Membership is for one formation. If you have ques-



## Autism Society of the Fox Valley

P.O. Box 266

Little Chute, WI 54140

(888)428-8476 or (920) 558-4602

Email: info@autismfoxvalley.org.

ASFV Board Members

Diane Nackers, MS CCC-SLP — President

Ann Olson-Vice President

Bob Olson—Treasurer

Heidi Dahle—Seccretary

Steve Brennan

Archna Hendrick, MD

Kristin Wahl

Chad Leder

Andy Teska

Ben Marks

John Oehler

#### Newsletter Submissions

Articles of interest, stories/poetry of persons with autism, book reviews and upcoming conferences or workshops are accepted. Submissions can be sent to: Diane Nackers, 8042 Sequaro Ct, Neenah WI 54956 email: bnack5@gmail.com.

Submission deadlines are November 30, February 28, May 15, and August 15. Responsibility for accuracy of information remains that of the author of the article.

Articles from this publication may be reprinted, giving credit to the author and ASFV. The ASFV Editorial Review Board reserves the right to edit or refuse submissions.



*Like Us: Autism Society of the Fox Valley* 



Thank you for your continued support. Donations are greatly appreciated. All donations are used to advance our mission of supporting families who love someone with autism.

Woodward Radio Group Sunshine Committee Linda Brader William Gillette Hailey Herbst - Uniquely You The Vivian Gust Family



ASFV wishes you a happy fall season.